

Eastwood Epistle

March 3, 2024 Volume 45 Number 9
Available on-line at www.eastwoodchurchofchrist.org

Dove Group will meet March 3. Our theme will Be Easter. Ham will be provided for lunch. We will need bread, salad, sweet potatoes, green beans other vegetables as you choose, and dessert. Please let Teri or Iretha know what you will bring.
Thank You! Teri Dove:915-822-2419 or Iretha Banks: 915-422-7846

Church Pot luck March 31,
Easter at our fellowship hall
after service.

Bring to share



Christian Schools of El Paso

Please don't forget to bring your unneeded clothes, shoes, blankets and coats to the Big Blue Donation box in the CSEP parking lot. The clothes go to those in need. CSEP benefits from your generosity! 915-593-5011

Men to Serve
Sunday, March 3
Song Leader:
Mike Dove

Opening Prayer:

Enrique Carrillo Spanish
John Banks English

Lord's Supper/Contribution:
Jimmy Moore

Scripture Reading:
David Davis

...for he
guards
the course of the just and
protects
the way of his faithful ones.

Proverbs 2:8, NIV



Together

Sugar is reported to be as addictive as the drug cocaine. It has been said to be even more destructive because of the slow results on our bodies, thereby concealing the effects. We don't die from an overdose, but we are afflicted with heart disease, diabetes and obesity with all of the others issues that come with these. Thus reducing our lifespan.

Cocaine deaths annually — 32,537.

Diabetes deaths annually — 100,000 +

Obesity tripled in the last 60 years to 43%.

Obesity and diabetes contribute toward heart attacks and cancer, where they are not listed.

During the time of President Lincoln the average sugar consumption was one pound per year. Today, it is between 175 and 350 pounds per year. Not only are we eating more sweets for snacks and desserts, sugar is added to almost every processed food from ketchup to vegetables.

As a boy, a six ounce soda per day was considered the limit for everyone. Then came the 12 oz can, next the 16, then 20 oz bottles. Now you can order a 48 oz at the fast food and go back for refills. Plus, we drink with meals and in between. We drink soda instead of water for thirst.

This is not about not eating sugar, this is about how SIN sneaks into society, into the church and into our lives. Language is no longer clean but dirty. In movies and TV, a couple no longer kiss as the scene fades to black, they show a passionate love scene. As one girl said to her grandfather, your movies end, where ours begin.

What has happened with you personally? Are you doing things differently that you have done in the past? What is your weakness? Where do you bend the rules? How has your language and conduct changed? In addition, what about your service in the church of the Lord? Has it grown or become less?

The Devil can come at you like a roaring lion (1 Pet 5:8) or like cunning serpent (2 Cor 11:3). As horrible as it is when the roaring lion comes at you, I tend to think before that happens, he is sneaky in his approach. We need to be on constant alert and teach our children to be alert.

Be careful of sugar, even more of sin.

Charles M. Clodfelter

Did you speak to our Guests on Sunday? Look for them.
www.eastwoodchurchofchrist.org

Schedule Services

Sunday

Bible Class - 9:00 A.M

Morning Worship - 10:00 A.M.

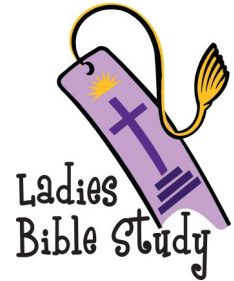
Children's Class 9:00A.M.

Wednesday

Bible study 7:00pm

Children's hour
after communion

Our Ladies Tuesday Class 10am
Ladies Bible Class. Rm #63 . All ladies are cordially invited to join us for a study in scripture, coffee, conversation. We will be studying the Psalms. See Teri Dove about getting a book. Call 915-637-0351 or 915-822-2419



Happy Birthday

March 4, Violet Muñoz

March 6, Alberto Dominguez Jr.

March 9, Clayton Hamilton

March 9, Shelby Oliver

March 10, Janet Hill

March 15, Lorenzo Porras

March 27, Eva Carrillo



Happy Anniversary

March 26, Enrique & Anay Carrillo



Recycle - Remember to save your aluminum cans and other aluminum for recycling. You may bring them in the foyer or toss your bag into the fenced compound to the trailer. If you crush the cans, we can get more in the trailer. We usually get several hundred dollars when the trailer is taken into the recycler.



www.facebook.com/groups/ecocmembers/

Sunday Morning Sermon

Speaker - Charles Clodfelter

Sermon: Second Coming of Jesus

Scripture: Heb 9:27-28

Because Jesus said so

One intriguing person in the Passion account is the thief on the cross whom Jesus promised a same-day entrance to paradise (see Luke 23:43). Pastor and radio host Alistair Begg says he can't wait to meet that man and ask how everything unfolded. "You were cussing [Jesus] out with your friend," Begg says. "You've never been in a Bible study. You've never been baptized. You didn't know a thing about church membership, and yet you made it!"

In a sermon, Begg pictures an imaginary angel at the pearly gates, growing frustrated during the sinful thief's entrance interview. After receiving no clear answers from the thief about doctrines such as justification, the angel finally asks, "On what basis are you here?" The thief simply replies, "The man on the middle cross said I can come."



Spring training for Christians

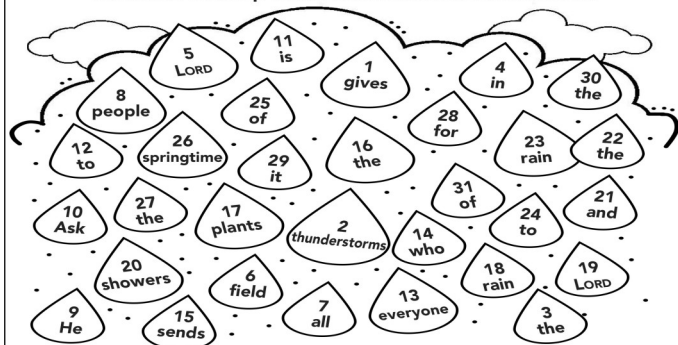
The word Lent comes from Middle English and German words for springtime. In light of the start of baseball season, some people call the pre-Easter season "spring training for Christians." This fresh perspective moves away from the flawed understanding that Lent must be somber, or that giving something up for Lent is punishment for sin or a way to earn God's favor.

As people of faith, we should never take a season off. But every so often — at least once a year! — we do well to examine where we need to get back in shape spiritually. Perhaps we will indeed opt to give something up: that swearing habit, sleeping in on Sundays, or the cost of a weekly treat so we can donate the money instead. Or maybe we'll take on something new for Lent: a Bible study, prayer routine or service project.

Hebrews describes spiritual discipline as challenging in the moment but yielding righteousness later. The writer urges us, "Lift your drooping hands and strengthen your weak knees ... so that what is lame may not be put out of joint but rather be healed" (12:11-13, ESV). May the spring training of Lent strengthen and heal us all.

Puzzle!

Complete a Bible verse about spring by writing the word from each raindrop on the correct numbered line below.



10 _____ 16 _____ 5 _____ 28 _____ 18 _____
 4 _____ 22 _____ 26 _____ ;
 29 _____ 11 _____ 3 _____ 19 _____ 14 _____ 15 _____
 27 _____ 2 _____
 9 _____ 1 _____ 20 _____ 31 _____ 23 _____
 12 _____ 7 _____ 8 _____ 21 _____ 17 _____ 25 _____
 30 _____ 6 _____ 24 _____ 13 _____

Zechariah 10:1, NIV

Answer: Ask the LORD for rain in the springtime; it is the LORD who sends the thunderstorms. He gives showers of rain to all people, and plants of the field to everyone. Zechariah 10:1, NIV

Thank you for those who participated in the meal train it was very much appreciated. Doctor said that I can start walking slowly and my sister is helping me out.
Fannie Shearod



Bible Quiz

What does God compare to rain "watering the earth and making it bud and flourish, so that it yields seed for the sower and bread for the eater"?

- A. The justice of the nations
- B. The work of God's people
- C. The message of Isaiah the prophet
- D. God's word



Answer: D (See Isaiah 55:10-11, NIV.)

Elders

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Abel Hernandez - (915) 449-1546
Ray Rivera - (915) 592-8930

Deacons

Enrique Carrillo, Samuel Hooper, Alberto Morales,
Venson Oliver, Lorenzo Porras, Bob Walker,

Minister

Charles Clodfelter - (915) 433-4227

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In Our Prayers

OUR FAMILY

Alice Bautista - Please have Alice in your prayers. She is having trouble with her lower disk with a lot of pain and may have surgery. Thank you for cards from Ladies Bible Class...

Ernie Bautista - Prayers to get well from his esophagus, check up on Feb 1 and will have heart monitor next Thursday...

Anay Carrillo—Prayers, healing slowly...

Virginia Honea - Virginia is feeling better but still not feeling very good. Please pray for us, we really need your prayers..

Alberto Morales - Prayers. Sugar level is high causing dizziness & headaches. Need to go to otolaryngologist and cardiologist.

Robert Muñoz Jr - (Alberto & Cristina Morales grandson) Thank you for prayers, need prayers for successful legal Issues....

Lulu Ochoa - Thank you for Prayers. Sending greetings to everyone. Will be on chemo therapy for a long time. She has some cancer pain lately. God has been so good to her for cancer treatment....

Venson Oliver - Keep Venson in your prayers for his Deployment. Send cards to SFC Oliver, Venson, B Co, 47th BSB 2-1 AD, Fos DPTA Konotop, Apo, AE 09754...

Lorenzo Porras - Thank you for your prayers, Lorenzo is back at home and will continue to recover completely...

Fanny Shearod - Prayers for swift healing, ankle surgery Feb14...

Gracie Wade - Prayers for good results on biopsy Feb 20 also for new job at Fema, prayers for smooth transition...

Bob Walker - Brothers and sisters, Her is an update. My doctor have found no sign of the throat cancer. But I am wasting away. So, my doctors have placed me on a regimen of diet, exercise, and occupational therapy for long term cancer recovery. The doctors believe by the way I am healing that I should be back to normal within 6-12 mths. Please continue to pray that I have patience. Bob Walker...

SHUT-INS

Mike Baron - He is on dialysis and back home from hospital .prayers

Jill Breiting - In home care with dementia, prayers

Teresa Dalke - Prayers for stronger immune system

Christine Hooper - home and recuperating

Our EXTENDED FAMILY

Hayden Cooper - (Chuck Buckley's friend grandson) Jr High student has brain cancer. Improving with cancer treatments. Need Prayers..

Aaron Enriquez - -prayers for check up on back pain. Prayers for spiritual help...

Carla Field - (Glenna Bunn's cousin & Anita Vickers' daughter) Carla had liver transplant surgery and has been in ICU 6 weeks so far with body going through the ups and downs associated with a transplant..

Haynes - Our condolences to the family for the passing of Bobby Haynes. She went to the lord Jan. 29.

Maria Montanez - (ESL student) Prayers. Swift healing from cancer procedure..

Lorena Parra—Prayers for health and spiritual guidance.

Celia Perez - (COC Montana member) Prayers needed. She was moved to Pebble Creek Nursing home.

River Russell - Keep him in your Prayers (Ida Russell's son) for his deployment

Maria Salazar - (Our Community Neighbor) Maria is asking for prayers, She has been diagnosed with cancer.. Please remember in prayers the military & policeman in harms way.

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Please call the office to update our prayer list. Names not updated 4 weeks will be deleted.

Our Records

February 25,2024

Morning Worship – 75

Wednesday - 14

Regular Offering: \$4018.93

Year to Date

Week

Baptisms - 0

Identification - 0

Year to Date

Year to Date - 2

Year to Date - 0

Can Contribute on-line at www.eastwoodchurchofchrist.org

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