

Eastwood Epistle

January 14, 2024 Volume 45 Number 2
Available on-line at www.eastwoodchurchofchrist.org

Recycle - Remember to save your aluminum cans and other aluminum for recycling. You may bring them in the foyer or toss your bag into the fenced compound to the trailer. If you crush the cans, we can get more in the trailer. We usually get several hundred dollars.

Congratulations
Mr. & Mrs. Tyler
& Michelle Sander
On their wedding
January 6, 2024
Many Blessings.



sending you
**Warm
Wishes**



Men to Serve
Sunday, January 14
Song Leader:
Ray Rivera

Opening Prayer:
Enrique Carrillo Spanish
Ron Lindsey English

Lord's Supper/Contribution:
David Davis

Scripture Reading:
Bob Pechanec

They are no longer two, but one.
MARK 10:8, NIV



Office Closed to observe Martin Luther King Jr Day, January 15
"Injustice anywhere is a threat to justice everywhere."
Martin Luther King Jr.



Together

“Blessed is he whose transgressions are forgiven, whose sins are covered.” Psa 32:1

Children of God face many challenges in the pathway of life. Discouragement will come during some of those challenges. It is good to remember that with our faults and failures God forgives us.

Depression is pervasive in the lives of many in our nation. It seems as if the whole world is depressed. When one is surrounded by depressed people, it seems normal to be depressed. There is a saying that goes, Don't worry, nothing is going to turn out right. That's depressing.

When a disciple is depressed, what should they do?

First, remember who you are: a child of God, whose sins are forgiven and headed to an eternal home in heaven. This is our greatest blessing and the only one that really counts. We have things for which we are thankful, but we are FORGIVEN!

Some depression comes because we did not reach our goal. It is good to set high goals, but they need to be divided into little goals that we can reach. Don't say, I will clean the whole garage today. Break it into to increments: clean the cabinets, etc. Set big goals, but in reasonable steps.

Exercise some to get your blood flowing. You can exercise in your normal routine which is good. Get outside for a few minutes, even it is just the backyard or on the porch.

Count your blessings. Even the small ones. Everyday blessing may be overlooked because they are so common. Pay attention to the things that make life more enjoyable and easier.

Connect with people. Don't wait for others to call or write you, contact them. Think especially of others that might need a friendly call or note. Don't stay on the phone for a long time, but keep in touch with others. Bring joy into the life of those you know and love.

Pray, talk to God for 5 or 10 minutes.

Charles M. Clodfelter

Did you speak to our Guests on Sunday? Look for them.
www.eastwoodchurchofchrist.org

Schedule Services

Sunday

Bible Class - 9:00 A.M.
Morning Worship - 10:00 A.M.
Children's Class 9:00A.M.

Wednesday

Bible study 7:00pm
**Children's hour
after communion**

Our Ladies Tuesday Class 10am Ladies Bible Class will begin again on Jan 9. We will be studying the Psalms. See Teri Dove about getting a book.
Call 915-637-0351 or 915-822-2419



Happy Birthday

Jan 4, Sharon Armendariz,
Jan 5, James Conyers
Jan 5, Carlos Alvarado
Jan 12, Julyet Carrillo
Jan 15, Lillie Wayne
Jan 19, Julie Conyers
Jan 22, Johnnie Roberson
Jan 24, Samuel Hooper
Jan 28, Mike Fernandez



Happy Anniversary

Jan. 8, Alberto & Cristina Morales
Jan 14, Richard & Denis Boles
Jan 26, Israel & Maria Alvarado



Love is Patient
and Kind
1 Corinthians 13:4



www.facebook.com/groups/ecocmembers/

Sunday Morning Sermon

Speaker - Charles Clodfelter
Sermon: Six Principles of Giving

Scripture: 2Cor 8:7-12

YHWH

There was a moment when Moses had the nerve to ask God what his name is. God was gracious enough to answer, and the name he gave is recorded in the original Hebrew as YHWH.

Over time we've arbitrarily added an "a" and an "e" in there to get YaHWeH, presumably because we have a preference for vowels.

But scholars and Rabi's have noted that the letters YHWH represent breathing sounds, or aspirated consonants. When pronounced without intervening vowels, it actually sounds like breathing.

YH (inhale): WH (exhale).

So a baby's first cry, his first breath, speaks the name of God.

A deep sigh calls His name – or a groan or gasp that is too heavy for mere words.

Even an atheist would speak His name, unaware that their very breath is giving constant acknowledgment to God.

Likewise, a person leaves this earth with their last

breath, when God's name is no longer filling their lungs. So when I can't utter anything else, is my cry calling out His name?

Being alive means I speak His name constantly.

So, is it heard the loudest when I'm the quietest?

In sadness, we breathe heavy sighs.

In joy, our lungs feel almost like they will burst.

In fear we hold our breath and have to be told to breathe slowly to help us calm down.

When we're about to do something hard, we take a deep breath to find our courage.

When I think about it, breathing is giving him praise. Even in the hardest moments!

This is so beautiful and fills me with emotion every time I grasp the thought. God chose to give himself a name that we can't help but speak every moment we're alive.

All of us, always, everywhere.

Waking, sleeping, breathing, with the name of God on our lips.

Unknown

Two ships

The year like a ship in the distance
comes over life's mystical sea.
We know not what change of existence
'tis bringing to you or to me.
But we wave out the ship that is leaving
and we welcome the ship coming in,
although it be loaded with grieving,
with trouble, or losses, or sin. ...

The new ship comes nearer and nearer,
we know not what freight she may hold.
Hope stands at the helm there to steer her;
our hearts are courageous and bold.
Sail in with new joys and new sorrows.
Sail in with new banners unfurled.
Sail in with unwritten tomorrows.
Sail in with new tasks for the world.

—from "New Year," Ella Wheeler Wilcox

Proverbs 17:22 (NKJV) wisely states, "A merry heart does good, like medicine." What will you do with an impromptu day off? Will you set your own pace walking through a park? Maybe stop at a restaurant you've wanted to try? Whether a fun day off includes spending time alone or with a friend, make the most of it as a God-given gift.

—Janna Firestone



Please join us to meet, greet, and honor Mr. & Mrs. Tyler Sander. Lunch will be provided in the fellowship hall after worship service on Jan 28. A money tree will be available

Bible Quiz

In the book of Judges, the warrior Barak would go to battle only if a certain female leader went with him. Who was she?

- A. Rebekah
- B. Jael
- C. Michal
- D. Deborah



Answer: D (See Judges 4:1-10)

Elders

Mike Dove - (915) 822-2419
Abel Hernandez - (915) 449-1546
Ray Rivera - (915) 592-8930

Deacons

Enrique Carrillo, Samuel Hooper, Alberto Morales,
Venson Oliver, Lorenzo Porras, Bob Walker,

Minister

Charles Clodfelter - (915) 433-4227

Church of Christ in Eastwood

Office - (915) 593-2772

Español - (915) 593-2880

(Monday - Friday, 8:00 A.M. to 5:00 P.M.)

Fax - (915) 593-2775

E-mail: coceastwood@gmail.com

Website: www.eastwoodchurchofchrist.org

In Our Prayers

OUR FAMILY

Anay Carrillo - Prayers of healing . She had a stroke and is recovering at home slowly. She having trouble with a leg but she is getting therapy at home. Your welcome to stop by her home.

Teri Dove - Prayers for continued healing .Teri can be contacted on her cell phone at 915-637-0351. ..

Alberto Morales - Prayers for no dizziness & better sugar Level. Need to go to otolaryngologist and cardiologist...

Robert Muñoz Jr - (Alberto & Cristina Morales grandson) Thank you for prayers, need prayers for successful legal Issues....

Lulu Ochoa - Thank you for Prayers and thanks to the Ladies Bible Class for cards. Just started chemo therapy. Lulu has had no cancer pain lately. God has been so good to her for cancer treatment....

Venson Oliver - Keep Venson in your prayers for his Deployment. Send cards to SFC Oliver, Venson, B Co, 47th BSB 2-1 AD, Fos DPTA Konotop, Apo, AE 09754...

Bob Walker - Thank you for prayers. Thank you for cards. Waiting for results on radiation, chemo tests if needing more radiation.....

SHUT-INS

Mike Baron - Is on dialysis, prayers

Jill Breitinger - In home care with dementia, prayers

Teresa Dalke - Prayers for stronger immune system

Christine Hooper - home and recuperating

Our EXTENDED FAMILY

Hayden Cooper (Chuck Buckley's friend grandson) Jr High student Hayden has Brain cancer, Please keep him in your prayers.

Eneida De la Cruz - prayers for her sister in law. She's struggling with cancer.

Maria Montanez - (ESL student) Prayers. Swift healing from cancer procedure..

River Russell - Keep him in your Prayers (Ida Russell's son) for his deployment

Maria Salazar - (Our Community Neighbor) Maria is asking for prayers, She has been diagnosed with cancer..

Fred Sierra—Prayers for good results from MRI.....

Javier Trevino(Rosa Trevino's brother)— prayers, recovering from cancer removal in liver. Prayers for swift healing...

Please remember in prayers the military & policeman in harms way. **Please call the office to update our prayer list. Names not updated 4 weeks will be deleted.**

Our Records

January 7,2024

Morning Worship – 82

Wednesday - 16

Regular Offering: \$4298.00

Year to Date

Week

Baptisms - 0

Identification - 0

Year to Date

Year to Date - 2

Year to Date - 0

Can Contribute on-line at www.eastwoodchurchofchrist.org

TIME VALUE

EASTWOOD EPISTLE
(USPS 394-450) IS PUBLISHED WEEKLY
EXCEPT Thanksgiving & Christmas by the
Eastwood Church of Christ, 10104 Album, El Paso, TX
79925. Periodicals postage paid
at El Paso, TX.
POSTMASTER: Send address changes to:
EASTWOOD EPISTLE,
10104 Album, El Paso, TX 79925

Periodical Postage
Paid at El Paso, TX
(USPS 394-450)